

Read Me - Family Camping Checklist

Hello.

If you need a checklist to help with your next car camping trip, feel free to use mine.

The checklist is an Excel spreadsheet; use it to help 'jump start' your thinking about what is needed for a successful and fun, multi-day, family camping trip. Add, delete, and modify as needed.

There are many more items listed than what you will need. This is intentional, as each trip requires some degree of new thinking and planning to accommodate changes in weather, location, and personal interests. **You are responsible for modifying the checklist to include any items that you believe maximizes the safety, comfort and security of your own family.**

This spreadsheet is organized by tab:

Read Me / Camping Equipment / Cooking Equipment / Food / Food Example / Personal Items / The Trip

Each tab includes instructions and an example of how to fill in your information.

This complimentary checklist is provided for your own personal/family use.

I hope you find this beneficial and that your camping trip will be easier to plan than you may have originally thought.

Mark @ Lets Go Exploring!

Camping Equipment

Example in gray (delete as needed)

ITEM	Staged	Packed	Owner	Notes
Batteries for flashlights	X	X	Mom	Buy some backup batteries.

ITEM	Staged	Packed	Owner	Notes
Batteries for flashlights	_____	_____	_____	
Batteries for lantern	_____	_____	_____	
Bivi Sacks	_____	_____	_____	
Bunjies	_____	_____	_____	
Chairs qty _____	_____	_____	_____	
Clothes Pins	_____	_____	_____	
Duct Tape	_____	_____	_____	
First Aid Kit	_____	_____	_____	
Flashlights qty = _____	_____	_____	_____	
Flashlight / Head Band	_____	_____	_____	
Hatchet	_____	_____	_____	
Lantern	_____	_____	_____	
Sleeping Bag - Kid	_____	_____	_____	
Sleeping Bag - Mama	_____	_____	_____	
Sleeping Bag - Grandma	_____	_____	_____	
Sleeping Bag - Papa	_____	_____	_____	
Sleeping Pad - Kid	_____	_____	_____	
Sleeping Pad - Mama	_____	_____	_____	
Sleeping Pad - Grandma	_____	_____	_____	
Sleeping Pad - Papa	_____	_____	_____	
String/Cord	_____	_____	_____	
Stuff Sacks	_____	_____	_____	
Tarp to cover picnic (rain)	_____	_____	_____	
Tent Brush/Dustpan	_____	_____	_____	
Tent 1	_____	_____	_____	
Tent 1 Footprint	_____	_____	_____	
Tent 1 Rain fly	_____	_____	_____	
Tent 2	_____	_____	_____	
Tent 2 Footprint	_____	_____	_____	
Tent 2 Rain fly	_____	_____	_____	
Tent 1 Mat - for front of tent	_____	_____	_____	
Tent 2 Mat - for front of tent	_____	_____	_____	

Cooking Equipment

Example in gray (delete as needed)

PREPARATION:	Staged	Packed	Owner	Notes
Bowls - qty <u>6</u>	X	X	Dad	
Can Opener	X	X	Mom	
Candle			Mom	Almost out, buy a new one

PREPARATION:	Staged	Packed	Owner	Notes
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Bowls - qty _____	_____	_____	_____	
Can Opener	_____	_____	_____	
Candle	_____	_____	_____	
Coffee Cone and Filters	_____	_____	_____	
Coffee Pot	_____	_____	_____	
Cooking Pot (Large)	_____	_____	_____	
Cooking Pot (Small)	_____	_____	_____	
Cutting Board	_____	_____	_____	
Dutch Oven	_____	_____	_____	
Fire starter	_____	_____	_____	
Firewood	Buy at Park?	_____	_____	
Forks- qty _____	_____	_____	_____	
Grilling Accessories	_____	_____	_____	
H2O Jug (water)	_____	_____	_____	
Knife - non serrated	_____	_____	_____	
Knife - serrated	_____	_____	_____	
Knives- qty _____	_____	_____	_____	
Matches	_____	_____	_____	
Mugs - qty _____	_____	_____	_____	
Ove Glove	_____	_____	_____	
Paper Towels	_____	_____	_____	
Peeler	_____	_____	_____	
Plates- qty _____	_____	_____	_____	
Preparation/Mixing bowl	_____	_____	_____	
Skewers	_____	_____	_____	
Skillet	_____	_____	_____	
Slotted Spoon	_____	_____	_____	
Spatula	_____	_____	_____	
Spoons- qty _____	_____	_____	_____	
Stove	_____	_____	_____	
Stove Fuel - qty 2	_____	_____	_____	
Stove Sparker	_____	_____	_____	
Strainer/Colander	_____	_____	_____	
Table Cloth(s)	_____	_____	_____	

Tongs	_____	_____	_____
Turner	_____	_____	_____
Wine/Beer Opener	_____	_____	_____

ADDITIONAL:

Aluminum Foil	_____	_____	_____
Cooking Oil / Vinegar	_____	_____	_____
Ice	_____	_____	_____
Ice Chest	_____	_____	_____
Napkins	_____	_____	_____
Paper Towels	_____	_____	_____
Pepper	_____	_____	_____
Rubber Bands	_____	_____	_____
Salt	_____	_____	_____
Sugar	_____	_____	_____
Ziploc Bags	_____	_____	_____

CLEANUP:

Drying Towel	_____	_____	_____
Hand Sanitizer	_____	_____	_____
Soap (Biodegradable)	_____	_____	_____
Scrubbing Sponge	_____	_____	_____
Washing Tub	_____	_____	_____
Trash Bags (Small)	_____	_____	_____
Other:	_____	_____	_____
	_____	_____	_____
	_____	_____	_____

Make sure soap is unscented

Food and Menu - An example of a completed menu for each day and a shopping list

1. Organize your meals by day. (Example: Day 2 for breakfast is Pancakes).

2. List the items you will need to prepare the meal. (Example: For Pancakes you will need pancake mix, syrup, eggs, and boxed milk).

2. To help with shopping, list the items or ingredients you need on the shopping list to the right.

Create a shopping list from the food items listed each day

	Day 1 Sunday DEPART	Day 2 Monday CAMPING	Day 3 Tuesday CAMPING	Day 4 Wednesday CAMPING	Day 5 Thursday RETURN	Shopping List / Ingredient	Staged	Packed
BREAKFAST	Eat at Home	Pancakes	Oatmeal	Oatmeal	Oatmeal	Apple Juice Boxes	Still to Buy	_____
	_____	Pancake Mix	Oatmeal	Oatmeal	Oatmeal	Apples	Still to Buy	_____
	_____	Boxed Milk	Coffee	Coffee	Coffee	Avocado	Still to Buy	_____
	_____	Eggs	Hot Chocolate	Hot Chocolate	Hot Chocolate	Bananas	X	_____
	_____	Syrup	Bread	Bread	Apple	Bar Chocolate	X	_____
	_____	Coffee	Apple	_____	_____	Balsamic Vinegar	X	_____
	_____	Hot Chocolate	_____	_____	_____	Beans	X	_____
	_____	Breakfast Sausage	_____	_____	_____	Beer	X	_____
	_____	Blueberries	_____	_____	_____	Bell Peppers	X	_____
						Blueberries	X	_____
						Boxed Milk - Chocolate	X	_____
						Boxed Milk - Normal	X	_____
LUNCH	Car Food	Sandwiches	Nosh	Nosh on Leftovers		Can of Oranges	X	_____
	Sandwich	Ham	Ham	Nosh of Leftovers	Grab a Bite on Road	Carrots	X	_____
	Apple	Cheese	Cheese	Peanut Butter	_____	Cheese - baby Swiss	X	_____
	_____	Chips	Chips	_____	_____	Chicken	X	_____
		Carrot Sticks	Carrot Sticks	_____	_____	Coffee	X	_____
		Tomatoes	Tomatoes	_____	_____	Eggs	X	_____
						Flat Bread	X	_____
DINNER	KABOBS	FAJITAS	PIZZA ON GRILL	SOUP	EAT AT HOME	Garlic	X	_____
	Shrimp	Chicken	Flat Bread	Can of Soup	_____	Graham Crackers	X	_____
	Veggies	Tortillas	Pepperoni	_____	_____	Granola Bars	X	_____
	Rice Pilaf	Zucchini	Pizza Sauce	_____	_____	Ham	X	_____
		Onion	Zucchini	_____	_____	Honey	Still to Buy	_____
		Bell Peppers	Onion	_____	_____	Ketchup Packet	X	_____
		Salsa	Bell Peppers	_____	_____	Lemons squeeze	X	_____
		Carrots	Cheese	_____	_____	Macaroni and Cheese Box -extra	X	_____
		Beans				Marshmallow	X	_____
						Mustard	X	_____
						Oatmeal	X	_____
DESERT	Smores	Cookies	Smores			Olive Oil	X	_____
	Bar Chocolate		Bar Chocolate			Onion	X	_____
	Marshmallow		Marshmallow			Pancake Mix	X	_____
	Graham Crackers		Graham Crackers			Peanut Butter	X	_____
						Pepperoni	X	_____
CAR FOOD	Munchies				Munchies	Pizza Sauce	X	_____
	Apples				Apples	Potatoes Chips	X	_____
	Granola Bars				Granola Bars	Potatoes	Still to Buy	_____
	Bananas					Rice Pilaf	Still to Buy	_____
BACKUP:						Salsa	Still to Buy	_____
	Canned Soup					Sausages - breakfast	Still to Buy	_____
	Macaroni/Cheese Mix					Sausages - breakfast	Still to Buy	_____
						Sausages - breakfast	Still to Buy	_____
ADDITIONAL:						Shrimp	Still to Buy	_____
						Soup	Still to Buy	_____

Soup - extra	X	_____
Syrup	X	_____
Tea - Green	X	_____
Tomatoes	X	_____
Tortillas	X	_____
V-8 Juice	X	_____
Yogurt	X	_____
Zucchini	X	_____
Zucchini	X	_____

Personal Items

Example in gray (delete as needed)

	Dad	Mom	Kid_1	Kid_2	Notes
Clothes					
Ear band	X	X	X	X	Need to locate a sun hat for Kid_2
Gloves	X	X	X	X	

	Dad	Mom	Kid_1	Kid_2	Notes
Clothes					
Ear band	_____	_____	_____	_____	
Gloves	_____	_____	_____	_____	
Hat - at night	_____	_____	_____	_____	
Hat - sun	_____	_____	_____	_____	
Hiking Boots	_____	_____	_____	_____	
Jacket	_____	_____	_____	_____	
Long Sleeve Shirts	_____	_____	_____	_____	
Pants	_____	_____	_____	_____	
Pants (zip off)	_____	_____	_____	_____	
Pajamas	_____	_____	_____	_____	
Rain Pants	_____	_____	_____	_____	
Rain Parka	_____	_____	_____	_____	
Sandals/Crocs	_____	_____	_____	_____	
Short Sleeve Shirts	_____	_____	_____	_____	
Shorts	_____	_____	_____	_____	
Socks - Hiking	_____	_____	_____	_____	
Socks - Sports	_____	_____	_____	_____	
Tennis Shoes	_____	_____	_____	_____	
Thermals/Long Underwear	_____	_____	_____	_____	
Underwear	_____	_____	_____	_____	
_____	_____	_____	_____	_____	
_____	_____	_____	_____	_____	

Hygiene

Allergy medication	_____	_____	_____	_____	
Deodorant	_____	_____	_____	_____	
Hand Sanitizer	_____	_____	_____	_____	
Medication	_____	_____	_____	_____	
Nail Clippers	_____	_____	_____	_____	
Nasal spray	_____	_____	_____	_____	
Shampoo	_____	_____	_____	_____	Biodegradable Soap/Shampoo
Soap	_____	_____	_____	_____	Biodegradable Soap/Shampoo

Toilet paper	_____	_____	_____	_____
Toothbrush	_____	_____	_____	_____
Toothpaste	_____	_____	_____	_____
Towel	_____	_____	_____	_____
Washcloth	_____	_____	_____	_____
Wash Up Towelettes	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____

Stuff

Backpack	_____	_____	_____	_____
Camera & Battery	_____	_____	_____	_____
Compass	_____	_____	_____	_____
Cell Phone	_____	_____	_____	_____
Eye Drops	_____	_____	_____	_____
Glasses	_____	_____	_____	_____
Glasses - Backup	_____	_____	_____	_____
Journal	_____	_____	_____	_____
Lipbalm/Chapstick	_____	_____	_____	_____
Map	_____	_____	_____	_____
Mosquito Repellant	_____	_____	_____	_____
Multi-tool (Pocket Knife)	_____	_____	_____	_____
Quarters for park shower	_____	_____	_____	_____
Sunglasses	_____	_____	_____	_____
Sunscreen	_____	_____	_____	_____
Whistle	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____

Buy the most recent map at the park.

The Trip

These items are often overlooked. Don't forget these!

Example in gray (delete as needed)

Before Trip:	Completed	Owner
Ask Neighbors to Pick Up Mail	X	Mom
Bills Paid	X	Dad

Before Trip:	Completed	Owner
Ask Neighbors to Pick Up Mail	_____	_____
Check car for emergency supplies	_____	_____
Gas up car night before!	_____	_____
Pay Bills	_____	_____
Pet Needs Met	_____	_____
Plant needs Met	_____	_____

Must Have in Car:	Completed	Owner
Cell Phone	_____	_____
Cell Phone Charger	_____	_____
Copy of Reservations	_____	_____
Guidebook	_____	_____
Kid Toys/Games	_____	_____
Card Game	_____	_____
Crayons	_____	_____
Paper	_____	_____
Playing Cards	_____	_____
List of Emergency Contacts/Numbers to Take	_____	_____
Map/Directions	_____	_____
Teddy Bear(s)	_____	_____
	_____	_____
	_____	_____