

# Basal Body Temperature Chart (Celsius)

Name: \_\_\_\_\_ Date From: \_\_\_/\_\_\_/\_\_\_ Date To: \_\_\_/\_\_\_/\_\_\_

Cycle Day	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32	33	34	35	36				
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# Basal Body Temperature Chart (Fahrenheit)

Name: \_\_\_\_\_ Date From: \_\_\_/\_\_\_/\_\_\_ Date To: \_\_\_/\_\_\_/\_\_\_

Cycle Day	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32	33	34	35	36			
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